

SEPTEMBER 2019



Practice Schedule Subject to Change

V1.0 Aug 14-19

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
						S2 10:00 - Conditioning U10 & U12
						S2 11:00 - Conditioning U14 & Up
8	9	10	11	12	13	14
S2 10:00 - Conditioning U10 & U12						S1 9:30
S2 11:00 - Conditioning U14 & Up						S2 9:45
	S2 6:45 U14 Assess.	S2 6:45 U14 Assess.		S2 6:45 U14 Assess.		
15	16	17	18	19	20	21
S1 9:30						
S2 9:45						
	S1 5:45	S2 6:45	S2 6:45	S2 6:45		
22	23	24	25	26	27	28
	S2 8:00	S2 6:45		S2 6:45		
29	30					
						R4U
					S1 = Stride Arena	U10
					S2 = Portage Mutual Arena	U12
						U14
	S1 5:45 R4U Assess					U16